



FREE PARENTING WORKSHOPS

Elementary School

While there is no recipe for raising successful children, there are key parenting ingredients that will produce strong families. Make the commitment to improving parent/child relationships at home. Learn to talk so your children WILL listen & avoid power struggles. Your child will thank you!

January—May 2019

12:00-2:00 p.m.

- 1/14 Managing Anger
- 1/28 Effective Discipline
- 2/4 Managing Stress
- 2/11 Effective Communication
- 2/25 Sibling Rivalry
- 3/4 Conflict Resolution
- 3/18 Self-esteem in Parents/Children
- 3/25 Teaching Responsibility
- 4/1 Managing Anger
- 4/8 Effective Discipline
- 4/15 Managing Stress
- 4/29 Effective Communication
- 5/6 Sibling Rivalry
- 5/13 Conflict Resolution
- 5/20 Self-esteem in Parents/Children

January—May 2019

6:30-8:30 p.m.

- 1/14 Conflict Resolution
- 1/28 Self-Esteem in Parents & Children
- 1/31 Teaching Responsibility
- 2/4 Managing Anger
- 2/25 Effective Discipline
- 2/28 Managing Stress
- 3/4 Effective Communication
- 3/25 Sibling Rivalry
- 3/28 Conflict Resolution
- 4/1 Self-Esteem in Parents & Children
- 4/15 Teaching Responsibility
- 4/18 Managing Anger
- 5/6 Effective Discipline
- 5/20 Managing Stress
- 5/23 Effective Communication

Family Education and Guidance Services, 1300 19th Street, Plano, TX 75074.

469-752-2272

Registration not needed ♦♦♦♦ Childcare is not provided

Visit <http://www.pisd.edu/parentworkshops>